

Theatre of Debate

Covid and Me – KS4 PSHE Curriculum Links



PSHE Association

CORE THEME 1: HEALTH AND WELLBEING

Self-concept

H4. strategies to develop assertiveness and build resilience to peer and other influences that affect both how they think about themselves and their health and wellbeing

Mental health and emotional wellbeing

H5. the characteristics of mental and emotional health; to develop empathy and understanding about how daily actions can affect people's mental health

H6. about change and its impact on mental health and wellbeing and to recognise the need for emotional support during life changes and/or difficult experiences

Health-related decisions

H13. to identify, evaluate and independently access reliable sources of information, advice and support for all aspects of physical and mental health

H14. about the health services available to people; strategies to become a confident user of the NHS and other health services; to overcome potential concerns or barriers to seeking help

CORE THEME 2: RELATIONSHIPS

Positive Relationships

R1. the characteristics and benefits of strong, positive relationships, including mutual support, trust, respect and equality

Relationship values

R9. to recognise, clarify and if necessary challenge their own values and understand how their values influence their decisions, goals and behaviours

CORE THEME 3: LIVING IN THE WIDER WORLD

Media literacy and digital resilience

L24. that social media may disproportionately feature exaggerated or inaccurate information about situations, or extreme viewpoints; to recognise why and how this may influence opinions and perceptions of people and events

L27. strategies to critically assess bias, reliability and accuracy in digital content

Theatre of Debate is a company limited by guarantee and registered in England (09299573) and a registered charity(1164944). Registered office: 19 Battle bridge Court, Wharfedale rd, London N1 9UA